



**9<sup>th</sup> SPORTWAY International Lake Maggiore Marathon \_ Sunday NOV 3<sup>rd</sup> 2019**  
**REGULATION - EVENT INFORMATION NON COMPETITIVE RACES**

**ART 1. ORGANIZING COMMITTEE**

Sport PRO-MOTION A.S.D. organize, with the approval of CSI (Italian Sport Centre), the 9<sup>th</sup> Sportway Lake Maggiore 42K/33K/21K/10K held on Sunday NOV 9<sup>th</sup> 2019. Organizing Committee (further OC): Sport PRO-MOTION A.S.D.

Via Maurizio Muller, 37- 28921 Verbania Intra (VB), Italy- Tel +39.0323.919.861  
LMM@pro-motion.it- www.LAGOMAGGIOREMARATHON.it

**ART 2. REGISTRATION OFFICE**

Registration managed by SDAM – Sport Data Management S.r.l. Enquires about registration:

E-mail: LMM@sdam.it  
Call Center: 895.6060.668  
Fax: +39.051.952760

**ART 3. RULES ACCEPTANCE - IMAGE RIGHTS – RESPONSIBILITY DECLARATION**

By registering the participant declare to provide correct and true information/data and to discharge the O.C. for any responsibility, both civil and criminal liability, caused by participating at the race. The O.C. can modify the event rules at any time to ensure safety for participants and public; variation will be published on [www.LAGOMAGGIOREMARATHON.it](http://www.LAGOMAGGIOREMARATHON.it).

To register at races part of the event and be covered by insurance, all participants will be automatically affiliated to CSI (Italian Sport Centre) only for SUN 3<sup>rd</sup> November 2019.

Every participant hereby declare: “To accept an fully acknowledge the regulations of the event, to be at least 18 years old, be aware that participating at SPORTWAY Lake Maggiore 42K/33K/21K/10K and/or sport events in general is a potential risk activity if the person is not well trained and in good physical condition. To be conscious that all participants must hold a sport agonistic medical certificate valid on race date, to enter the race consciously and assuming full responsibility for all risks arising from participation as falls, contacts with vehicles, other participants, spectators or otherwise, any weather conditions including extreme heat, cold and/or humidity, traffic and road conditions and any type of risk known and evaluated by myself. By subscribing to the SPORTWAY Lake Maggiore 42K/33K/21K/10K 2019, I declare to know and to oblige these rules and to entirely accept the following waiver of liability - being aware of this, considering the acceptance of my entry application, I, for myself only and not on behalf of anyone else, fully raise the O.C., Sport PRO-MOTION A.S.D., CSI, the promoters, the Council of Verbania/Stresa/Baveno, the Provincial Administration of Verbania Cusio Ossola, the Region Piedmont, all sponsors, the representatives, successors, officers, directors, members, agents and employees of the companies mentioned above, from all present and future claims for liability of any kind, known or unknown, consequential to my participation at the event.”

By registering to the event, I expressly authorize the O.C. (Sport PRO-MOTION A.S.D.), together with its Partners, to use any fixed or moving image taken during the event. The authorization is for an unlimited period and for a worldwide use for promotional and/or advertising materials and publications. I also declare to know the privacy policy listed on event website [www.LAGOMAGGIOREMARATHON.it](http://www.LAGOMAGGIOREMARATHON.it).

**ART 4. ELIGIBILITY**

**Every participant must be 18 years old on NOV 3<sup>rd</sup> 2019.**

For the 42K/33K/21K race, is requested an Agonistic Medical Certificate.

INTEGRATIVE DOCUMENTATION REQUIRED (ATTENTION! Take all the documentation also at the BIB Number Pick Up):

-Copy of the Agonistic Medical Certificate. Template available on [www.LAGOMAGGIOREMARATHON.it](http://www.LAGOMAGGIOREMARATHON.it)

**ART 5. EVENT PROGRAMME**

**Time variation possible due to organizational reasons.**

Races part of SPORTWAY Lake Maggiore Marathon 2019 are fast and ideal for good performances. Course certified entirely asphalted, 100% traffic free, without cobblestones and with signs at every KM mark.

**START 42K - 33K - 21K - 10K and FINISH 42K - 33K - 10K Pallanza Lakeside, near City Hall.**

**FINISH 21K Stresa, Imbarcadero Square.**

<b>42K</b>	<b>SUN 03.11.2019</b>	<b>Start 09.05am</b>	Non Competitive race over 42 Km. Start/Finish Verbania Pallanza.
<b>33K</b>	<b>SUN 03.11.2019</b>	<b>Start 09.35am</b>	Non Competitive race over 33 Km. Start/Finish Verbania Pallanza.
<b>21K</b>	<b>SUN 03.11.2019</b>	<b>Start 09.05am</b>	Non Competitive race over 21 Km. Start Verbania Pallanza/Finish Stresa.
<b>10K</b>	<b>SUN 03.11.2019</b>	<b>Start 09.35am</b>	Non Competitive race over 10 Km. Start/Finish Verbania Pallanza.

**ART 6. REGISTRATION FEES**

Registration with missing data, payment receipt will NOT be accepted.

Period	42K	33K	21K	10K
01.12.2018 – 30.06.2019	€ 40,00	€ 30,00	€ 25,00	€ 15,00
01.07.2019 – 30.09.2019	€ 50,00	€ 40,00	€ 30,00	€ 15,00
01.10.2019 – 31.10.2019	€ 60,00	€ 50,00	€ 35,00	€ 20,00
Sport Expo (01-02.11.2019)	€ 70,00	€ 60,00	€ 40,00	€ 20,00

**ART 7. REGISTRATION FEE INCLUDES**

Personalized BIB number	CHIP Rental	Official Gadget	FINISHer's Medal	Technical Briefing
Deposit Bag	Showers /WC	Medical Assistance	Heated Changing Rooms	Course Presentation
Race Certificate	Insurance	Deposit/Transport Deposit Bag	Ferry Boats/Shuttle Bus	Refreshment/Sponge Points
Timing by CHIP Technology	Restaurants/Bars Special Prices			

**ART 8. REGISTRATION OPTION**

On payment orders Please specify name of registered athletes and selected race (exp. Paul Bright/42K). Entry forms with incomplete data, without payment evidence or supplementary documentation required will not be processed.

**ON-LINE****By OCT 31<sup>st</sup> 2019**

Directly on [www.LAGOMAGGIOREMARATHON.it](http://www.LAGOMAGGIOREMARATHON.it) with easy, fast and secure system.  
Registration and payment by credit card or PAYPAL (commission applied).

**E-MAIL****By OCT 27<sup>th</sup> 2019**

by e-mail to [LMM@sdam.it](mailto:LMM@sdam.it):

1. Registration Form fulfilled/undersigned
2. Supplementary documents required (see point 5)
3. Payment Receipt: Bank Transfer to Sport PRO-MOTION A.S.D.- Banca Intesa Sanpaolo ag. Baveno (VB)  
IBAN: IT 65 U030 6945 1611 0000 0000 774 – Codice SWIFT/BIC: BCITITMMXXX- Participants must cover commission Fees.

**REGISTRATION POINTS / OFFICE****By OCT 27<sup>th</sup> 2017- only cash payments**

In person at our Official Registration Points (see dedicated section on race website) or at our office Sport PRO-MOTION A.S.D. – Maurizio Muller St., 37- 28921 Verbania Intra (VB) Italy, providing:

1. Registration Form fulfilled/undersigned
2. Supplementary documents required (see point 5)

**SPORT EXPO****NOV 1<sup>st</sup> / 2<sup>nd</sup> - only cash payments**

In person at the Sport Expo providing:

1. Registration Form fulfilled/undersigned
2. Supplementary documents required (see point 5)

**ART 9. REGISTRATION DEADLINE**

EMAIL and OFFICE registration will close on OCT 27<sup>th</sup>. ONLINE registration will close on OCT 31<sup>st</sup> 2019. After this date, it will be possible to register only at the Sport Expo on NOV 1<sup>st</sup> / 2<sup>nd</sup> 2019.

Registration will close anyhow at 3.000 participants (all races part of the LMM) or by a decision of the O.C.

**ART 10. ENTRY FEE REFUND - DISTANCE CHANGE - CANCELLATION POLICY**

**There will not be possibility to ask refunds or change selected distance.**

Athletes who cannot participate has the option "Transfer Registration Fee" to LMM 2020 (same distance LMM 2019).

Requests to be sent via e-mail ([LMM@pro-motion.it](mailto:LMM@pro-motion.it)) by OCT 20<sup>th</sup> 2019 attaching a payment receipt of € 10,00 commission fee.

Bank Transfer to: Sport PRO-MOTION A.S.D.- Banca Intesa Sanpaolo ag. Baveno (VB), Italy

IBAN: IT 65 U030 6945 1611 0000 0000 774 – Code SWIFT/BIC: BCITITMMXXX – (participants must cover commission fees).

Applicants must register again for LMM 2020 by 30 days prior the event sending the entry form and all required documents.

In case of cancellation due to major force events, the OC will not reimburse the entry fees but will evaluate the transfer to the next edition.

**ART 11. SPORT EXPO - RACE KIT - DELEGATION**

BIB number pick-up on race day it will be possible only for registered athletes. Delegations to third person accepted only on NOV 1<sup>st</sup> / 2<sup>nd</sup> 2019 NOT on race day.

BIB number, Race KIT and Official Gadget can be collected at:

Sport Expo SPORTWAY Lake Maggiore Marathon- Event Centre "Il Maggiore" - S. Bernardino st. 49 – 28922 Verbania Pallanza (VB)- Italy

Opening Hours:	FRI	01.11.2019	3.00pm- 7.00pm
	SAT	02.11.2019	10.00am- 7.00pm
	SUN	03.11.2019	7.00am- 8.30am

**Delegation**

It will be possible to delegate a third person to pick-up the BIB number; the appointed person must provide the following documents:

- Confirmation Letter undersigned by delegating person + Delegation (attached to Confirmation Letter)
- Copy ID (Passport or Identity Card) of delegating person.

**ART 12. CONFIRMATION OF REGISTRATION - CONFIRMATION LETTER**

From OCT 28<sup>th</sup> 2019, the "Confirmation Letter" has to be download at [www.LAGOMAGGIOREMARATHON.it](http://www.LAGOMAGGIOREMARATHON.it) by every participant, undersigned and presented at the Sport Expo to collect the BIB number.

Five working days after registration, participants can check their registration status at [www.LAGOMAGGIOREMARATHON.it](http://www.LAGOMAGGIOREMARATHON.it) on section "Verify Registration".

**ART 13. BIB NUMBER - CHIP - TIMING**

**A € 25,00 fee will be charged to any participant not returning the chip at the FINISH AREA. It is not possible to change the BIB number or request a new one in case of loss.**

BIB numbers are strictly personal with no possibility to transfer it to a third person. It is responsibility of every participant to endorse BIB with chip and it is forbidden to modify BIB numbers. Anyone running without BIB number, chip, or modified BIB number will be disqualified and persecuted by sport and law authorities. Rankings will be done considering official gun time and will be officialised by the Italian Timing Association.

Chip sensors will detect the "Real Time" for each participant completing the race; intermediate time will be recorded at KM 18.1 (TURN 33K) – KM 21,0975 (Half Marathon/FINISH 21K) – KM 22,8 (TURN 42K) – KM 27.3 (42K). Participants not detected by these timing points or other points along the course, supervised by official referees, will be automatically disqualified.

**ART 14. START SECTORS**

Following starting sectors will be available based on best times declared during registration.

It will be possible to enter starting sectors with check-in based on assigned BIB numbers at following times:

Races 42K/21K: **from 08.00am**

Races 33K/10K: **from 09.10am**

<b>E</b>	<b>42K - NC</b>	10000- 10999
	<b>33K - NC</b>	11000- 11999
	<b>21K - NC</b>	12000- 12999
	<b>10K - NC</b>	13000- 13999

**ART 15. PARKING**

On NOV 3<sup>rd</sup> 2019 parking places will be available free of charge in areas indicated below. Parking will be free of charge for participants by placing on car window the bottom part of Confirmation Letter with the sign "P".

We remind all participants that on NOV 3<sup>rd</sup> 2019 Start/Finish Area (Verbania Pallanza) and Half Marathon Point/Finish Area 21K (Stresa) will be connected by panoramic ferryboats (see point 16) provided by the O.C. and that the Sport Expo and Start/Finish Area (Verbania Pallanza) will be connected by shuttle BUSSES (see point 17).

**START/FINISH AREA (Verbania Pallanza)**

- Lakeside (excluded Start/Finish Area)
- Hospital "Castelli" Crocetta St.- Fiume St.- Dei Cappuccini St.
- Supermarket LIDL- Nazioni Unite St.
- Supermarket Esselunga- Giuseppe Azari St.
- Villa Taranto- Vittorio Veneto St.
- Riverside S. Bernardino St.- Olanda St.
- F.lli Bandiera Square
- Market Euronics- Rhodiatocce St.
- Alle Fabbriche Square- S. Anna suburb
- Mameli St.

**START/FINISH AREA (Verbania Pallanza)**

- Silos – Cavallini St.
- Cemetery Area- Madonna di Campagna St.
- High School "Cavalieri"- Madonna di Campagna St.
- Azari St.- (also CAMPER AREA)
- Crossing Zara St. /Nazioni Unite St.
- Riverside S. Bernardino St.- Brigata Valgrande Martire St.
- Parking Supermarket Esselunga – Rhodiatocce St.
- Wharf Verbania Intra – Flaim Square
- Riverside S. Giovanni- Cesare Battisti St.
- Aldo Moro Square

**FINISH 21K (Stresa)**

- Villa Pallavicino
- Train Station
- Trentinaglia St. (also CAMPER PARKING)
- Capucci Square
- Grand Hotel Des Iles Borromees
- Antonio Fogazzaro St.- Cemetery (BUS PARKING)

**FINISH 21K (Stresa)**

- Villa La Palazzola
- Gilberto Borromeo St. (also CAMPER PARKING)
- Multilevel Parking- Europa Square
- S. Ambrogio Square
- Hotel Regina Palace

**ART 16. PANORAMIC FERRY BOATS - VERBANIA PALLANZA ↔ STRESA**

**The O.C. does not guarantee the capacity for single runs but only capacity for all participants. Final timetable confirmed prior to the event.**

Sunday NOV 3<sup>rd</sup> 2019 participants can use this service free of charge by showing BIB number or their "Confirmation Letter".

For non-running travel mates, following fares will be applied on boats connecting **Verbania Pallanza ↔ Stresa**:

- Single run € 5 (single run)
- Open ticket € 10 (unlimited travel)
- Under 6 yrs. Free of charge

Tickets available outside wharfs at dedicated LMM desks.

Timetable Panoramic Ferry Boats connecting **Stresa → Verbania Pallanza**:

Stresa (Departure)	Verbania (Arrival)
<b>07:15</b> (Imbarcadero Square)	<b>07:30 (Intra - Sport Expo) Unique Run to collect start number on race day</b>
<b>08:05</b> (Imbarcadero Square)	<b>08:20</b> (Pallanza – Start/Finish Area)
<b>11:15</b> (Imbarcadero Square)	<b>11:30</b> (Pallanza – Start/Finish Area)
<b>12:15</b> (Imbarcadero Square)	<b>12:30</b> (Pallanza – Start/Finish Area)

Timetable Panoramic Ferry Boats connecting **Verbania Pallanza → Stresa**:

Verbania (Departure)	Stresa (Arrival)
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<b>07:40</b> (Intra – Sport Expo)	<b>07:55</b> (Imbarcadero Square)
<b>09:45</b> (Pallanza – Start/Finish Area)	<b>10:00</b> (Imbarcadero Square)
<b>11:45</b> (Pallanza – Start/Finish Area)	<b>12:00</b> (Imbarcadero Square)

NOTE: Public transport from Navigazione Lago Maggiore also operating (info/costs: [www.navigazione.laghi.it](http://www.navigazione.laghi.it))

#### **ART 17. TRANSPORT SHUTTLE BUS - SPORT EXPO < -> VERBANIA PALLANZA (Start/Finish Area)**

Sunday NOV 3<sup>rd</sup> 2019 Shuttle BUS running every 10' approximately will connect the Sport Expo to the Start/Finish Area in Verbania Pallanza (Gramsci Square).

Participants can use this service free of charge by showing BIB number or their "Confirmation Letter".

Service available during following hours:

7.00am- 8.30am

11.00am- 3.30pm

#### **ART 18. TIME LIMIT - TRAFFIC REOPENING**

At queue of 42K, there will be a vehicle with a sign "RACE END", participants wishing to complete the race also if out of time limit, should take off BIB number and proceed as normal pedestrians following the Italian Road Code at their own responsibility.

Race Time Limits: **42K - 5h30' / 33K - 4h15' / 21K - 3h00' / 10K - 1h30'**

Along the course, the O.C. will not guarantee road closures after following times when traffic will reopen:

Time limit last runner and traffic reopening at:	<b>5° Km</b>	0h39' – traffic reopen at 09.39am	<b>10° Km</b>	1h18' – traffic reopen at 10.18am
	<b>15° Km</b>	1h57' – traffic reopen at 10.57am	<b>20° Km</b>	2h36' – traffic reopen at 11.36am
	<b>21° Km</b>	2h45' – traffic reopen at 11.45am	<b>25° Km</b>	3h15' – traffic reopen at 12.15pm
	<b>30° Km</b>	3h55' – traffic reopen at 12.55pm	<b>35° Km</b>	4h34' – traffic reopen at 01.34pm
	<b>40° Km</b>	5h13' – traffic reopen at 02.13pm	<b>FINISH</b>	5h30' – traffic reopen at 02.30pm

#### **ART 19. REFRESHMENT/SPONGE POINTS**

Every participant will receive one sponge to be carried for the entire race; this choice is to reduce at maximum the impact on the environment.

As per IAAF/AIMS/FIDAL rules there will be Refreshment Points, with indication of their placement (R=right or L=left), at KM 6.2 (L-R)- 11.3 (L-R)- 16.2 (L)- 20.4 (L)- 25 (L)- 29.3 (L)- 34.2 (L-R)- 39.2 (L-R)- FINISH. At Refreshment Points will be available food (bananas, oranges and raisins) and drinks (no-gas water and isotonic drink). There will be also Sponge Points, with fresh water in basins, at KM 7.2 (R)- 13 (R)- 17.2 (L)- 22.5 (L)- 28.3 (L)- 32.4 (L)- 38.3 (L).

These distances can be subject to variation due to organizational needs.

We kindly ask participants to throw garbage near Refreshment/Sponge Points in order to facilitate cleaning procedures after the race.

#### **ART 20. SHOWERS - WC**

Participants can use showers located inside the changing tents at Start/Finish Area in Verbania Pallanza (42K/33K/10K) and Stresa (21K).

WC will be available at Start/Finish Area of every race and at Refreshment Points along the course.

#### **ART 21. FIRST AID - WITHDRAWAL**

Participants out of time limit overpassed by the "RACE END" vehicle must take off their BIB number and proceed as normal pedestrians following the Italian Road Code at their own responsibility.

Medical assistance and First Aid Stations will be available at the Start/Finish Area of every race with ambulances along the course and at the queue of the race.

Athletes withdrawing should reach the nearest Refreshment/Sponge Point and wait for the first aid squad or the "RACE END" vehicle.

#### **ART 22. CHANGING ROOMS**

Changing rooms not supervised; the O.C. denies any liability for any lost, damaged or stolen items.

**Distance 42K/33K/10K:** Participants can use Changing Rooms facilities at the Start/Finish Area in Verbania Pallanza.

**Distance 21K:** Participants can use Changing Rooms facilities at the Start Area in Verbania Pallanza and Finish Area in Stresa.

#### **ART 23. BAG DEPOSIT – BAG TRANSPORT SERVICE**

**The O.C. denies any liability for lost, damaged or stolen items; we recommend to not leaving any valuable items inside deposit bags. Only bags supplied by the O.C. are accepted!**

Along with BIB numbers, each participant will receive a deposit bag with an adhesive label (displaying BIB number) to be applied to the bag.

At Start Area in Verbania Pallanza, trucks will be available where participants can leave and re-collecting bags showing BIB numbers.

Compulsory Delivery START AREA (Verbania Pallanza) – Race 42K – 21K: from 07.30am to 08.50am

Compulsory Delivery START AREA (Verbania Pallanza) – Race 33K – 10K: from 07.30am to 09.20am

#### **ART 24. RESULTS AND RACE CERTIFICATE**

Finisher Certificate will be available to download, free of charge, on [www.LAGOMAGGIOREMARATHON.it](http://www.LAGOMAGGIOREMARATHON.it).

#### **ART 25. PRIZES - AWARD CEREMONY**

Among all participants at SPORTWAY Lake Maggiore Marathon 2019 will be drawn the following prize offered in co-operation with our Hospitality Partner to participate at the 13<sup>th</sup> AUDIREVI Lake Maggiore Half Marathon on April 19<sup>th</sup> 2020:

- Voucher Free Twin Room GH Des Iles Borromees \*\*\*\*\*L in Stresa (night SAT 18.04.2020 – room + breakfast)
- Two Free Entry 13<sup>th</sup> Lake Maggiore Half Marathon 19.04.2020

#### **ART 26. VEHICLE ALONG THE COURSE**

Complying with local government ordinance, vehicles (including bicycles) are not permitted on racecourse. Breaches of the ordinance will be pulled out and punished by law.

#### **ART 27. ACCOMMODATION**

A selection of accommodation packages for runners and travel mates are available on race website [www.LAGOMAGGIOREMARATHON.it](http://www.LAGOMAGGIOREMARATHON.it).  
Packages presented by our Official Travel Agencies:

#### **Verbano BOOKING**

Tel +39.0323.922.917- Fax +39.0323.922.303  
[maratona@verbanoevents.com](mailto:maratona@verbanoevents.com)- [www.verbanobooking.it](http://www.verbanobooking.it)

#### **ART 28. OFFICIAL "LMM RESTAURANT/BAR"**

Every participant will receive a map of "LMM 2019 Restaurants/Bars" with special price menus valid on Sunday NOV 3<sup>rd</sup> 2019.

Special Menu proposed to participants, showing their BIB number, are:

€ 12,00 Menu Restaurant – includes main or second course, dessert, drink and coffee.

€ 8,00 Menu Bar – includes sandwich, dessert, drink and coffee.

#### **ART 29. PHOTO**

Every participant can download, free of charge, pictures of the race on [www.LAGOMAGGIOREMARATHON.it](http://www.LAGOMAGGIOREMARATHON.it) or [www.ENDU.net](http://www.ENDU.net).

#### **ART 30. HOW TO REACH US**

CAR: Highway A 8 connection to A 26 Voltri/Sempione direction Gravellona Toce with Exit:  
VERBANIA to reach START/FINISH AREA and SPORT EXPO  
BAVENO/STRESA to reach Half Marathon Point and FINISH AREA 21K

Useful Link: [www.autostrade.it](http://www.autostrade.it)

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TRAIN: Direct connection from Milan, Turin, Geneva and Zurich. Train stops at Stresa or Verbania.

Useful Link: [www.fsitaliane.it](http://www.fsitaliane.it)

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PLANE: Malpensa International Airport at about 60 Km

Useful Link: [www.sea-aeroportimilano.it](http://www.sea-aeroportimilano.it)

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FERRY BOATS: Ferry services departing from the Piedmont, Lombardy and Swiss sides of Lake Maggiore

Useful Link: [www.navigazionealaghi.it](http://www.navigazionealaghi.it)

#### **ART 31. LOCAL TRANSPORTATION**

Link s to the main local BUS transportation services serving also airports:

[www.vcotrasporti.it](http://www.vcotrasporti.it) (also connection to Bergamo Orio Al Serio airport)

[www.comazzibus.com](http://www.comazzibus.com) (also connection to Milan Malpensa airport)

[www.safduemila.com](http://www.safduemila.com) (also connection to Milan Malpensa airport)

#### **ART 32. WEATHER FORECAST**

Up-to-date weather forecast available on the following web sites:

[www.meteosvizzera.ch](http://www.meteosvizzera.ch) (search "Sud delle Alpi" area)- [www.meteo.it](http://www.meteo.it)

Enjoy your race!  
Sport PRO-MOTION