



9th SPORTWAY International Lake Maggiore Marathon - Sunday NOV 3rd 2019
EVENT INFORMATION – COMPETITIVE RACES - Italian Athletic Federation Approval Code: XXX/STRADA/2019

ORGANIZING COMMITTEE (further O.C.)

Sport PRO-MOTION A.S.D. organize, with the approval of FIDAL (Italian Athletic Federation), IAAF (International Association Athletics Federations), EAA (European Athletic Association) and AIMS (Association International Marathons and Distance Races), the 9th SPORTWAY Lake Maggiore Marathon to be held on Sunday NOV 3rd 2019. Organizing Committee: Sport PRO-MOTION A.S.D.
 Maurizio Muller St. 37- 28921 Verbania Intra (VB), Italy- Tel +39.0323.919.861
 LMM@pro-motion.it- www.LAGOMAGGIOREMARATHON.it

REGISTRATION OFFICE - ENQUIRES

Registration managed by SDAM – Sport Data Management S.r.l. Enquires about registration:
 E-mail: LMM@sdam.it
 Call Center: 895.6060.668
 Fax: +39.051.952760

RULES ACCEPTANCE - IMAGE RIGHTS

Every participant, by registering to one of races part of the 9th SPORTWAY Lake Maggiore Marathon held on NOV 3rd 2019, declare to fully accept rules of the event listed inside this document authorizing the O.C., together with its Partners, to use any fixed or moving image taken during the event. The authorization is for an unlimited period and for a worldwide use for promotional and/or advertising materials and publications.
 By signing the entry form the participant, declare to provide correct and true information/data and to discharge the OC of any responsibility, both civil and criminal liability, caused by participating at the race. The O.C. can modify the event rules at any time to insure safety for participants and public; variation to be published on www.LAGOMAGGIOREMARATHON.it with notice to all participants.

EVENT PROGRAMME - START TIMES

Time variation possible due to organizational reasons.
 Races part of SPORTWAY Lake Maggiore Marathon 2019 are “Point to Point” course Category “A” fast and ideal for good performances. Course certified by IAAF/ AIMS/FIDAL, entirely asphalted, 100% traffic free, without cobblestones and with signs at every KM mark.
START Marathon – 33 Km – Half Marathon – 10 Km and FINISH Marathon – 33 Km - 10 Km Pallanza Lakeside, near City Hall.
FINISH Half Marathon Stresa, Imbarcadero Square.

Marathon	SUN 03.11.2019	Start 09.00am	Competitive race over the Marathon distance (42,195 Km – 26,218 mi). Start/Finish Verbania Pallanza.
33 Km	SUN 03.11.2019	Start 09.30am	Competitive race over 33 Km. Start/Finish Verbania Pallanza.
Half Marathon	SUN 03.11.2019	Start 09.00am	Competitive race over the Half Marathon distance (21,0975 Km- 13,1094 mi). Start Verbania Pallanza/Finish Stresa.
10 Km	SUN 03.11.2019	Start 09.30am	Competitive race over 10 Km. Start/Finish Verbania Pallanza.

PARTICIPATION REQUIREMENTS - REQUIRED DOCUMENTATION

As requested by the Italian Athletic Federation every participant must be 20 yrs old (Marathon – 33 Km), 18 yrs old (Half Marathon) and 16 yrs old (10 Km) on NOV 3rd 2019.

ELIGIBLE TO PARTICIPATE:

Foreigner’s members of Sport Clubs affiliated to a National Athletic Federation recognized by the IAAF

SUPPLEMENTARY DOCUMENTS REQUIRED (ATTENTION! Bring all documents at the Sport Expo to collect your BIB number):

- Self-declaration attesting the membership to a Sport Club recognized by National Federation affiliated to the IAAF (download template on www.LAGOMAGGIOREMARATHON.it section “Registration/Download Area”).

Foreigners holding a Runcard FIDAL/EPS

SUPPLEMENTARY DOCUMENTS REQUIRED (ATTENTION! Bring all documents at the Sport Expo to collect your BIB number):

- Agonistic Medical Certificate (download template on www.LAGOMAGGIOREMARATHON.it section “Registration/Download Area”) valid on NOV 3rd 2019.
- Runcard FIDAL or Runcard FIDAL/EPS

Note: Runcard FIDAL (Italian Athletic Federation) is the compulsory card to compete on agonistic races in Italy for athletes not members of foreign Sport Clubs and it is comprehensive of insurance. The Runcard FIDAL subscription is valid for one year at any Italian competition and must be valid on race day; respect of Runcard FIDAL rules it is full responsibility of the athlete. Subscription of new Runcard FIDAL on www.runcard.com.

REGISTRATION FEES

Registration with missing data, payment receipt or additional document required NOT accepted.

Period	42K	33K	21K	10K
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01.12.2018 – 30.06.2019	€ 40,00	€ 30,00	€ 25,00	€ 15,00
01.07.2019 – 30.09.2019	€ 50,00	€ 40,00	€ 30,00	€ 15,00
01.10.2019 – 31.10.2019	€ 60,00	€ 50,00	€ 35,00	€ 20,00
Sport Expo (01-02.11.2019)	€ 70,00	€ 60,00	€ 40,00	€ 20,00

REGISTRATION FEE INCLUDES

Personalized BIB number	CHIP Rental	Official Gadget	Finisher's Medal	Technical Briefing
Deposit Bag	Showers /WC	Medical Assistance	Heated Changing Rooms	Course Presentation
Race Certificate	Insurance	Deposit/Transport Deposit Bag	Ferry Boats/Shuttle Bus	Refreshment/Sponge Points
Timing by CHIP Technology	Restaurants/Bars Special Prices	Pacemaker Service		

REGISTRATION OPTION

On payment orders Please specify name of registered athletes and selected race (exp. Paul Bright/10 Km). Entry forms with incomplete data, without payment evidence or supplementary documentation required will not be processed.

ON-LINE

By OCT 31st 2019

Directly on www.LAGOMAGGIOREMARATHON.it with easy, fast and secure system.
Registration and payment by credit card or PAYPAL (commission applied).

E-MAIL

By OCT 27th 2019

Send by e-mail to LMM@sdam.it:

1. Registration Form fulfilled/undersigned
2. Supplementary documents required (see point 5)
3. Payment Receipt: Bank Transfer to Sport PRO-MOTION A.S.D.- Banca Intesa Sanpaolo ag. Baveno (VB)
IBAN: IT 65 U030 6945 1611 0000 0000 774 – Codice SWIFT/BIC: BCITITMMXXX- Participants must cover commission Fees.

REGISTRATION POINTS / OFFICE

By OCT 27th 2019- only cash payments

In person at our Official Registration Points (see dedicated section on race website) or at our office Sport PRO-MOTION A.S.D. – Maurizio Muller St., 37- 28921 Verbania Intra (VB) Italy, providing:

1. Registration Form fulfilled/undersigned
2. Supplementary documents required (see point 5)

SPORT EXPO

NOV 1st/2nd - only cash payments

In person at the Sport Expo providing:

1. Registration Form fulfilled/undersigned
2. Supplementary documents required (see point 5)

REGISTRATION CLOSURE

EMAIL and OFFICE registration close on 27th October 2019. ONLINE Registration will close on OCT 31st 2019.

After this date, it will be possible to register only at the Sport Expo on NOV 1st-2nd 2019.

Registration will close anyhow at 3.000 participants (all races part of the LMM) or by a decision of the O.C.

10. ENTRY FEE REFUND - DISTANCE CHANGE - CANCELLATION POLICY

No possibility to change selected distance during registration.

Registration fees are not refundable. Athletes who cannot participate has the option "Transfer Registration Fee" to LMM 2020 (same distance LMM 2019).

Participants has to send their request via e-mail (LMM@pro-motion.it) by OCT 21rd 2019 attaching a payment receipt of € 10,00 commission fee.

Bank Transfer to Sport PRO-MOTION A.S.D.-- Banca Intesa Sanpaolo ag. Baveno (VB)

IBAN: IT 65 U030 6945 1611 0000 0000 774 – Codice SWIFT/BIC: BCITITMMXXX - ATTENTION! Participants must cover commission Fees.

On payment order, specify exp. "Entry Fee Transfer to LMM 2020- Paul Bright/42K".

Applicant must register again for LMM 2020 by SEP 15th 2020 sending the entry form and all required documents.

In case of cancellation due to major events, the O.C. will not reimburse the entry fees but will evaluate the transfer to next edition.

11. SPORT EXPO - RACE KIT - DELEGATION

BIB number pick-up on race day it will be possible only for registered athletes. Delegations to third person accepted only on NOV 1st – 2nd 2019 NOT on race day.

BIB number, Race KIT and Official Gadget can be collected at:

Sport Expo SPORTWAY Lake Maggiore Marathon- Event Centre "Il Maggiore" - S. Bernardino st. 49 – 28922 Verbania Pallanza (VB)- Italy

Opening Hours:	FRI	01.11.2019	3.00pm- 7.00pm
	SAT	02.11.2019	10.00am- 7.00pm
	SUN	03.11.2019	7.00am- 8.30am

Delegation

It will be possible to delegate a third person to pick-up the BIB number; the appointed person must provide the following documents:

- Confirmation Letter undersigned by delegating person + Delegation (attached to Confirmation Letter)
- Copy ID (Passport or Identity Card) of delegating person.

12. CONFIRMATION LETTER - CONFIRMATION OF REGISTRATION

From OCT 28th 2019, the "Confirmation Letter" has to be download at www.LAGOMAGGIOREMARATHON.it by every participant, undersigned and presented at the Sport Expo to collect the BIB number.

Five working days after registration, participants can check their registration status at www.LAGOMAGGIOREMARATHON.it on section "Verify Registration".

13. BIB NUMBER - CHIP - TIMING

A € 25,00 fee will be charged to any participant not returning the chip at the FINISH AREA.

It is not possible to change the BIB number or request a new one in case of loss.

BIB numbers are strictly personal with no possibility to transfer it to a third person. It is responsibility of every participant to endorse BIB with chip and it is forbidden to modify BIB numbers. Anyone running without BIB number, chip, or modified BIB number will be disqualified and persecuted by sport and law authorities. Rankings will be done considering official gun time and will be officialised by the Italian Timing Association.

Chip sensors will detect the “Real Time” for each participant completing the race; intermediate time will be recorded at KM 18.1 (TURN 33K) – KM 21,0975 (Half Marathon/FINISH 21K) – KM 22,8 (TURN 42K) – KM 27.3 (42K). Participants not detected by these timing points or other points along the course, supervised by official referees, will be automatically disqualified.

14. START SECTORS

The O.C. will verify best times (PB) indicated by participants during registration.

Following starting sectors will be available based on best times declared during registration.

It will be possible to enter starting sectors with check-in based on assigned BIB numbers at following times:

Races Marathon/Half Marathon: **from 08.00am**

Races 33 Km/10 Km: **from 09.10am**

SECTOR	RACE	BIB RANGE
A	Marathon	1- 99
	33 Km	3000- 3099
	Half Marathon	6000- 6099
	10 Km	9000- 9099
B	Marathon	100- 999
	33 Km	3100- 3999
	Half Marathon	6100- 6999
	10 Km	9100- 9499
C	Marathon	1000- 1999
	33K	4000- 4999
	Half Marathon	7000- 7999
	10 Km	9500- 9799
D	Marathon	2000- 2999
	33 Km	5000- 5999
	Half Marathon	8000- 8999
	10 Km	9800- 9999

15. PARKING

On NOV 3rd 2019 parking places will be available free of charge in areas indicated below. Parking will be free of charge for participants by placing on car window the bottom part of Confirmation Letter with the sign “P”.

We remind all participants that on NOV 3rd 2019 Start/Finish Area (Verbania Pallanza) and Half Marathon Point/Finish Area (Stresa) will be connected by panoramic ferryboats (see point 16) provided by the O.C. and that the Sport Expo and Start/Finish Area (Verbania Pallanza) will be connected by shuttle BUSES (see point 17).

START/FINISH AREA (Verbania Pallanza)

Lakeside (excluded Start/Finish Area)
Hospital “Castelli” Crocetta St. - Fiume St. - Dei Cappuccini St.
Supermarket LIDL- Nazioni Unite St.
Supermarket Esselunga- Giuseppe Azari St.
Villa Taranto- Vittorio Veneto St.
Riverside S. Bernardino St.- Olanda St.
F.lli Bandiera Square
Market Euronics- Rhodiatocce St.
Alle Fabbriche Square- S. Anna suburb
Mameli St.

START/FINISH AREA (Verbania Pallanza)

Silos – Cavallini St.
Cemetery Area- Madonna di Campagna St.
High School “Cavalieri”- Madonna di Campagna St.
Azari St.- (also CAMPER AREA)
Crossing Zara St. /Nazioni Unite St.
Riverside S. Bernardino St.- Brigata Valgrande Martire St.
Parking Supermarket Esselunga – Rhodiatocce St.
Wharf Verbania Intra – Flaim Square
Riverside S. Giovanni- Cesare Battisti St.
Aldo Moro Square

FINISH 21K (Stresa)

Villa Pallavicino
Train Station
Trentinaglia St. (also CAMPER PARKING)
Capucci Square
Grand Hotel Des Iles Borromees
Antonio Fogazzaro St.- Cemetery (BUS PARKING)

FINISH 21K (Stresa)

Villa La Palazzola
Gilberto Borromeo St. (also CAMPER PARKING)
Multilevel Parking- Europa Square
S. Ambrogio Square
Hotel Regina Palace

16. PANORAMIC FERRY BOATS - VERBANIA PALLANZA ↔ STRESA

The O.C. does not guarantee the capacity for single runs but only capacity for all participants. Final timetable confirmed prior to the event.

Sunday NOV 3rd 2019 participants can use this service free of charge by showing BIB number or their “Confirmation Letter”.

For non-running travel mates, following fares will be applied on boats connecting **Verbania Pallanza ↔ Stresa**:

Single run € 5 (single run)
Open ticket € 10 (unlimited travel)
Under 6 yrs. Free of charge

Tickets available outside wharfs at dedicated LMM desks.

Timetable Panoramic Ferry Boats connecting **Stresa → Verbania Pallanza**:

Stresa (Departure)	Verbania (Arrival)
07:15 (Imbarcadero Square)	07:30 (Intra - Sport Expo) Unique Run to collect start number on race day
08:05 (Imbarcadero Square)	08:20 (Pallanza – Start/Finish Area)
11:15 (Imbarcadero Square)	11:30 (Pallanza – Start/Finish Area)
12:15 (Imbarcadero Square)	12:30 (Pallanza – Start/Finish Area)

Timetable Panoramic Ferry Boats connecting **Verbania Pallanza → Stresa:**

Verbania (Departure)	Stresa (Arrival)
07:40 (Intra – Sport Expo)	07:55 (Imbarcadero Square)
09:45 (Pallanza – Start/Finish Area)	10:00 (Imbarcadero Square)
11:45 (Pallanza – Start/Finish Area)	12:00 (Imbarcadero Square)

NOTE: Public transport from Navigazione Lago Maggiore also operating (info/costs: www.navigazionealghi.it)

17. TRANSPORT SHUTTLE BUS - SPORT EXPO ← → VERBANIA PALLANZA (Start/Finish Area)

Sunday NOV 3rd 2019 Shuttle BUS running every 10' approximately will connect the Sport Expo to the Start/Finish Area in Verbania Pallanza (Gramsci Square). Participants can use this service free of charge by showing BIB number or their "Confirmation Letter".

Service available during following hours:

7.00am- 8.30am

11.00am- 3.30pm

18. TIME LIMIT - TRAFFIC REOPENING

At queue of Marathon, there will be a vehicle with a sign "RACE END", participants wishing to complete the race also if out of time limit, should take off BIB number and proceed as normal pedestrians following the Italian Road Code at their own responsibility.

Race Time Limits: **Marathon - 5h30' / 33K - 4h15' / 21K - 3h00' / 10K - 1h30'**

Along the course, the O.C. will not guarantee road closures after following times when traffic will reopen:

Time limit last runner and traffic reopening at:	5° Km 0h39' – traffic reopen at 09.39am	10° Km 1h18' – traffic reopen at 10.18am
	15° Km 1h57' – traffic reopen at 10.57am	20° km 2h36' – traffic reopen at 11.36am
	21° km 2h45' – traffic reopen at 11.45am	25° Km 3h15' – traffic reopen at 12.15pm
	30° km 3h55' – traffic reopen at 12.55pm	35° Km 4h34' – traffic reopen at 01.34pm
	40° km 5h13' – traffic reopen at 02.13pm	FINISH 5h30' – traffic reopen at 02.30pm

19. REFRESHMENT/SPONGE POINTS

Every participant will receive one sponge to be carried for the entire race; this choice is to reduce at maximum the impact on the environment.

As per IAAF/AIMS/FIDAL rules there will be Refreshment Points, with indication of their placement (R=right or L=left), at KM 6.2 (L-R) - 11.3 (L-R) - 16.2 (L) - 20.4 (L) - 25 (L) - 29.3 (L) - 34.2 (L-R) - 39.2 (L-R) - FINISH. At Refreshment Points will be available food (bananas, oranges and raisins) and drinks (no-gas water and isotonic drink). There will be also Sponge Points, with fresh water in basins, at KM 7.2 (R) - 13 (R) - 17.2 (L) - 22.5 (L) - 28.3 (L) - 32.4 (L) - 38.3 (L).

These distances can be subject to variation due to organizational needs.

We kindly ask participants to throw garbage near Refreshment/Sponge Points in order to facilitate cleaning procedures after the race.

20. SHOWERS - WC

Participants can use showers located inside the changing tents at Start/Finish Area in Verbania Pallanza (Marathon/33 Km/10 Km) and Stresa (Half Marathon).

WC will be available at Start/Finish Area of every race and at Refreshment Points along the course.

21. FIRST AID - WITHDRAWAL

Participants out of time limit overpassed by the "RACE END" vehicle must take off their BIB number and proceed as normal pedestrians following the Italian Road Code at their own responsibility.

Medical assistance and First Aid Stations will be available at the Start/Finish Area of every race with ambulances along the course and at the queue of the race.

Athletes withdrawing should reach the nearest Refreshment/Sponge Point and wait for the first aid squad or the "RACE END" vehicle.

22. PACEMAKERS

The O.C. will provide a team of pacemakers to help participants of Marathon, 33 Km and Half Marathon races achieve their time target. Final target time:

Race Marathon/Half Marathon – Marathon Final Time Projection (3 PACER/GROUP) - Race 33 Km – Marathon Final Time Projection (2 PACER/GROUP)

3h00' (avg cca. 4'15"/Km) - **3h15'** (avg cca. 4'37"/Km)

3h30' (avg cca. 4'58"/Km) - **3h45'** (avg cca. 5'20"/Km)

4h00' (avg cca. 5'40"/Km) - **4h15'** (avg cca. 6'02"/Km)

4h30' (avg cca. 6'25"/Km) - **4h45'** (avg cca. 6'45"/Km)

5h00' (avg cca. 7'05"/Km)

23. CHANGING ROOMS

Changing rooms not supervised; the O.C. denies any liability for any lost, damaged or stolen items.

Distance Marathon/33 Km/10 Km: Participants can use Changing Rooms facilities at the Start/Finish Area in Verbania Pallanza.

Distance Half Marathon: Participants can use Changing Rooms facilities at the Start Area in Verbania Pallanza and Finish Area in Stresa.

24. DEPOSIT BAG - TRANSPORT SERVICE

The O.C. denies any liability for lost, damaged or stolen items; we recommend to not leaving any valuable items inside deposit bags. Only bags supplied by the O.C. are accepted!

Along with BIB numbers, each participant will receive a deposit bag with an adhesive label (displaying BIB number) to be applied to the bag.

At Start Area in Verbania Pallanza, trucks will be available where participants can leave and re-collecting bags showing BIB numbers.
Compulsory Delivery START AREA (Verbania Pallanza) – Race Marathon – Half Marathon: from 07.30am to 08.50am
Compulsory Delivery START AREA (Verbania Pallanza) – Race 33 Km – 10 Km: from 07.30am to 09.20am

25. RESULTS AND RACE CERTIFICATE

Official results and Race Certificate will be available to download, free of charge, on race website www.LAGOMAGGIOREMARATHON.it.

26. PRIZES - AWARD CEREMONY

Every prize has to be collected at the Finish Area in Verbania Pallanza on NOV 3rd 2019 by 3.00pm.

Prizes to be collected at FINISH AREA (Verbania Pallanza); the Award Ceremony will have following time schedule:

10.45am	1-2-3 Position Man/Woman Overall Ranking 10 Km
11.45am	1-2-3 Position Man/Woman Overall Ranking Half Marathon
12.00pm	1-2-3 Position Man/Woman Overall Ranking 33 Km
12.15pm	1-2-3 Position Man/Woman Overall Ranking Marathon
12.30pm	1 st Position Man/Woman Age Category
12.30pm – 03.00pm	Delivery Age Category Prizes Marathon/33 Km/10 Km/Half Marathon

INDIVIDUAL PRIZES AGE CATEGORIES - COMPETITIVE RACE MARATHON

First five of following Age Categories (MAN/WOMAN) will be awarded with Shopping Coupons or Sport Products:
PROMISES – SENIORES 23 (Unique Category)- SM/SF 35/40/45/50/55/60-65/70 and over.

INDIVIDUAL PRIZES AGE CATEGORIES - COMPETITIVE RACES 33 KM/HALF MARATHON/10 KM

First three of following Age Categories (MAN/WOMAN) will be awarded with Shopping Coupons or Sport Products:
PROMISES – SENIORES 23 (Unique Category)- SM/SF 35/40/45/50/55/60-65/70 and over.

RAFFLE PRIZE

Among all participants at SPORTWAY Lake Maggiore Marathon 2019 will be drawn the following prize offered in co-operation with our Hospitality Partner to participate at the 13th AUDIREVI Lake Maggiore Half Marathon on April 19th 2020:

- Voucher Free Twin Room GH Des Iles Borromees *****L in Stresa (night SAT 18.04.2020 – room + breakfast)
- Two Free Entry 13th Lake Maggiore Half Marathon 19.04.2020

27. VEHICLE ALONG THE COURSE

Complying with local government ordinance, vehicles (including bicycles) are not permitted on racecourse. Breaches of the ordinance will be pulled out and punished by law.

28. ACCOMMODATION

A selection of accommodation packages for runners and travel mates are available on race website www.LAGOMAGGIOREMARATHON.it.
Packages presented by our Official Travel Agencies:

Verbania BOOKING

Tel +39.0323.922.917- Fax +39.0323.922.303
maratona@verbanoevents.com- www.verbanobooking.it

29. OFFICIAL "LMM RESTAURANT/BAR"

Every participant will receive a map of "LMM 2019 Restaurants/Bars" with special price menus valid on Sunday NOV 3rd 2019.

Special Menu proposed to participants, showing their BIB number, are:

- € 12,00 Menu Restaurant – includes main or second course, dessert, drink and coffee.
- € 8,00 Menu Bar – includes sandwich, dessert, drink and coffee.

30. BUY YOUR PICTURES

Every participant can purchase pictures on race website www.LAGOMAGGIOREMARATHON.it or directly from Photo Sport at www.photo-sport.it.

31. HOW TO REACH US

CAR: Highway A 8 connection to A 26 Voltri/Sempione direction Gravellona Toce with Exit:
VERBANIA to reach START/FINISH AREA and SPORT EXPO
BAVENO/STRESA to reach Half Marathon Point and FINISH AREA 21K
Useful Link: www.autostrade.it

TRAIN: Direct connection from Milan, Turin, Geneva and Zurich. Train stops at Stresa or Verbania.
Useful Link: www.fsitaliane.it

PLANE: Malpensa International Airport at about 60 Km
Useful Link: www.sea-aeroportmilano.it

FERRY BOATS: Ferry services departing from the Piedmont, Lombardy and Swiss sides of Lake Maggiore
Useful Link: www.navigazionealghi.it

32. LOCAL TRANSPORTATION

Links to the main local BUS transportation services serving also airports:

- www.vcotrasporti.it (also connection to Bergamo Orio Al Serio airport)
- www.comazzibus.com (also connection to Milan Malpensa airport)
- www.safduemila.com (also connection to Milan Malpensa airport)

